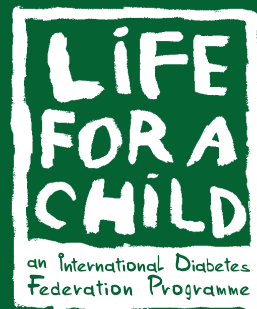


LIFE FOR A CHILD WITH DIABETES

the International Diabetes Federation's child supporting programme



Update n° **21** | January 2012 | Central and South Asia



Two Azeri boys
supported by Life for
a Child in the clinic
at Ganja Hospital



**No child
should die
of diabetes**



**International
Diabetes
Federation**

in partnership with

HOPE
worldwide



Azerbaijan

Country-wide support

India and
Nepal

Lives transformed

End of year
news

Syringe donations,
World Diabetes Day,
World Diabetes
Congress

AZERBAIJAN

Life for a Child (LFAC) has been helping in Azerbaijan since 2003. Dr Gunduz Ahmadow has coordinated the expansion of the programme from the capital Baku to the second most populous city Ganja and then to helping children and youth all over the country (see map). Dr. Graham Ogle (LFAC General Manager) visited in September. LFAC will expand its support with provision of a HbA_{1c} machine for Ganja Hospital, a training workshop, further assistance with blood glucose test strips, and technical assistance for setting up of a register for epidemiological research.



Map of Azerbaijan - flags show where LFAC-supported children live



AWARENESS IS GROWING

Earlier this year, LFAC received a letter from a remarkable young lady in Nepal. Whilst in Year 8, Sita fell ill. The diagnosis was missed for some time, but eventually she was correctly diagnosed with type 1 diabetes.

She heard about a diabetes camp and dropped in – and learnt about Patan Hospital's clinic, supported by LFAC, which provides a free, expert service. It drastically altered her outlook: before she was very burdened, but "... after I received help and support from the programme, I found a change in my life... Now I don't feel guilty because I have many friends like me. We all share our feelings and problems with each other. This programme has really encouraged and comforted us".

Sita has since completed 10th Grade schooling, and a Diploma in Pharmacy. LFAC is supporting almost 100 children in Nepal, working through Patan and Kanti Children's Hospitals and BP Koirala Institute of Health Sciences.

VELLORE, INDIA

Christian Medical College in Vellore carries a reputation of being one of the finest hospitals in India. LFAC supports over 50 children and youth between the ages of 11 and 25. One local family suffered a tremendous shock of having both their daughter Poorvarasi, 18, and son Poorvarasan, 13, diagnosed with diabetes simultaneously. Each now receives quality clinical care, and both are doing very well. Poorvarasan has returned to school and Poorvarasi has begun tailoring to complement her parents' income.



Poorvarasan, 13, home from school!



Poorvarasi (in centre), 18, with her family

END OF THE YEAR NEWS

- LFAC is now helping in 36 countries, the latest being Pakistan, Tajikistan and Kenya.
- Becton Dickinson are generously providing donations of insulin syringes – these have so far been shipped to 16 countries.
- The Big Blue Test on World Diabetes Day, organised by Diabetes Hands Foundation and sponsored by Roche Diabetes Care, again raised funds for LFAC for work in South America.
- LFAC held a meeting for 20 participating countries at the IDF World Diabetes Congress in Dubai. The programme was also highlighted in key-note addresses and various other presentations.

THANK YOU FOR YOUR SUPPORT

Programme Steering Committee: Prof Martin Silink (Chairman); Nicola Stokes (Co-Chairman and CEO, Australian Diabetes Council (ADC)); Dr Graham Ogle (General Manager, and Director, Health and Social Services, HOPE worldwide (Australia)); Dr Lilian Jackson (Principal Health Strategy Executive, ADC); and Ann Keeling (CEO, International Diabetes Federation).

IDF Life for a Child Programme

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